



A Frugal Athlete

presentations • workshops • trainings

Become The Athlete CEO Of Yourself

Rookie Mistakes : How To Avoid The Athlete Broke Roadmap

Ballin on A Budget : How To Navigate Money As An Athlete

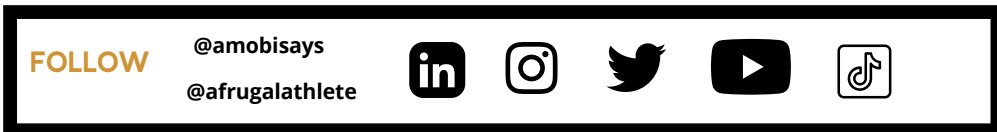
Keys To Becoming A Blue Chip : NIL Student Athelte

Leverage Your Skills and Resources For Career Opportunities

Preparing For Life After The Buzzer

Amobi Okugo is the Founder & CEO of A Frugal Athlete- an online financial media platform that helps athletes make, manage, and multiply money through financial education and athlete empowerment.

Amobi Okugo has used his experiences as a 10+ professional soccer player to become an highly sought speaker, presenter, and facilitator thanks to his natural ability to connect with his audience while crafting empowering messages. A jack of all trades personality allows Amobi to fit into any environment he finds himself in.



Keynote Presentations

Schedule Amobi Okugo as the keynote speaker at your Graduation Ceremony, Conference or Corporate Event to leave your audience inspired and motivated to leverage their opportunity in life

Financial Literacy & Career Development Workshops

Book Amobi Okugo to conduct a workshop for your school, team, or organization covering themes around financial literacy and career development

Strategy & Consulting with Executive Leadership

Consult on decisions with management to tackle key initiatives surrounding financial literacy and athlete player development implementation strategies. Provide insight on strategies to incorporate for executive leadership to best serve intended targets

Partner with A Frugal Athlete

To help create engaging digital campaigns around personal finance and money management to provide financial literacy content in a more entertaining way

Group Coaching & Mentorship

Frugal Athlete group coaching and mentorship sessions to help provide further context on how to navigate sports, career, and life as "A Frugal Athlete"

TEAM FRUGAL Benefits

- Access to Frugal Athlete course curriculum
- Discount to Frugal Athlete products, templates, and apparel
- Opportunity for co-branded content on @afrugalathlete